

Curry County Suicide Awareness and Prevention Council

May 5, 2021 5:30-7:30pm

Virtual Meeting Minutes

Members Attending: Katrina Upton, Beth Barker-Hidalgo, Connie Hunter, Tim Wilson, Kelly Shellong, (Pat Piper joined late)	
Chair/Facilitator	Katrina Upton
Secretary/Minutes	Kaytrina Upton
BOC Liaison	Court Boice
Absent Members	Jordan White Public Safety, Emma Gorski Youth Ambassador, Tara Modugno
Guests	Founding Director Emeritus Gordon Clay

Called to order: Chair Katrina Upton called the meeting to order at 5:30 p.m.

Agenda Item 1: Call to Order/Pledge of Allegiance – Katrina Upton

Agenda Item 2: Welcome & Roll Call – Katrina Upton
 Roll Call was completed. Quorum met.

Agenda Item 3: Amendment/Approval of Agenda – Katrina Upton

Discussion Summary: Kelly needs to leave the meeting a bit early, requested to be moved to the top of the stakeholder report.

Conclusions: Tim made a motion to approve the minutes with change. Beth seconded. Motion carries.

Vote: 5 Yea: Hunter, Wilson, Upton, Barker-Hidalgo, Shellong, 0 Nay: 0 Abstain

May 5, 2021 agenda is approved.

Agenda Item 3: Approval of Minutes – Katrina

Discussion Summary: Connie requested to have best practices for minutes and deadlines clearly made for the secretary position.

Conclusions: Beth made a motion to approve the minutes with change. Tim seconded. Motion carries.

Vote: 5 Yea: Hunter, Wilson, Upton, Barker-Hidalgo 0 Nay: 1 Abstain: Shellong

March 3 , 2021 minutes are approved.

Agenda Item 4: Public Comment

Discussion Summary: The Brown Act requires that the public be allowed to address a deliberative body of a public Council prior to action on any item on the agenda. General public comments should come at the beginning of the meeting

- none

Agenda Item 5: Discussion/Action Items

Let's Talk: Gordon asked for volunteers who have lived experience to commit to speak on monthly awareness campaigns at the BOC meetings as well as submit related articles to the Insider. It is critically important to include stories from the community to help and the stigma. May is Mental Health month and Gordon will be speaking on a podcast with Del Norte Unified School District about children's mental health. Gordon reminded us that numerous events can trigger suicide. The #1 trigger for suicide in teen girls is pregnancy. Gordon quoted the Healthy Teen survey in Curry County that showed 6-10% of 6th, 8th and 11th graders attempted suicide in the last 4 months. Gordon will be speaking in September about suicide awareness. Connie volunteered to speak in October about bullying. Both Connie and Kelly volunteered to provide input in June about PTSD.

Updates on legislation affecting suicide

[HB 3069](#) Expands infrastructure of, access to and services provided in statewide coordinated crisis services system including 9-8-8 suicide prevention and behavioral health crisis hotline

[HB 2315](#) Requiring Oregon counselors, therapists, peer support professionals, and others in the Oregon's behavioral health workforce to receive training on how to assess and treat suicide. As of 2019, Oregon had the 9th highest suicide rate in the nation, underlining the urgent need for a behavioral health workforce prepared to help people who are struggling with despair.

[SB 563](#) Modifies laws relating to youth suicide intervention and prevention to include children 5 to 10 years of age

Peer Support Specialist training

Beth shared an update that 2 Columbia Care staff members graduated from the Rogue Retreat Online Peer Support Specialist Training. 2 more have signed up for the next training in July 2021. Beth's goal is to provide 10 people with this important training. Contact her at curryhomelesscoalition@gmail.com for program details.

Council project ideas

Katrina brought forward a request to provide Curry county school districts a formal letter from the SAP Council to include suicide hotline information at the backs of the middle school and high school student ID cards. Gordon suggested using the 741741 text hotline.

Kelly made a motion that the council do the research needed and provide a letter of recommendation to each Curry county superintendent of schools and CC Colt Gill Director of the Oregon Department of Education to include crisis textline information on the back of all High School student ID cards.

Tim seconded. Motion carries. Vote: 5 Yea: Shellong, Hunter, Wilson, Upton, Barker-Hidalgo 0 Nay:

Abstain:

Gordon reminded the council that there is \$1,500 from United Way left to spend. The council discussed virtual vs in-person project ideas and possibly using the funds for additional outreach material. Gordon estimates about 2,000 brochures left. Beth suggested taking the opportunity for community engagement during local summer festivals and events. Beth also suggested an “Out of Darkness” walk event for September. Katrina proposed an idea for a “Table of Hope” as a shared booth with shared outreach material from other community organizations such as suicide, domestic violence, veteran, tribal etc. Connie offered to supply gun locks. Connie made a motion to research the possibility of having “Table of Hope” at the Azalea festival in partnership with St. Timothy’s vaccine booth. Tim seconded. Motion carries. Votes: 3 Yea: Hunter, Wilson, Upton, 0 Nay: 0 Abstain: Remaining votes taken via email: 2 Yea: Shellong, Barker-Hidalgo

Agenda Item 6: Stakeholder/Sub Committee Reports

Discussion Summary:

- Substance Abuse/Recovery Beth Barker-Hidalgo
- Veterans Services Connie Hunter

Completed moral injury training. Mike Lancaster is interested in working with both the SAP council and the veterans subcommittee. A developing May 14th presentation will highlight the moral injury group development.

- Youth Ambassador Emma Gorski
- Public Safety Jordan White
- Media Kelly Shellong

Kelly reported her media activity; she has worked with Connie to provide veteran and QPR training info and worked with Beth to provide vaccine information. Gordon provided SAP Council brochures and Kelly delivered them to the prison. BiCoastal Media is currently running 60 seconds ads for mental health awareness month. Kelly’s June goal is to meet in person with Curry newspaper editors to solicit feedback, Katrina offered to join her.

- Mental/Medical Health Tara Modugno
- Youth Educator Tim Wilson
- Tribal Community Katrina Upton

Katrina shared about the Murdered and Missing Indigenous Women and Girls (MMIWG) campaign that was happening today, May 5th, the chosen date for annual awareness and acknowledgement. This past month, families all over the nation hung empty red dresses outside as a symbol of those Native American women and girls who have been murdered and are missing. In Indian Country, Native women are murdered at a rate 10 times higher than the national average. A higher rate than any other ethnic group. The National Crime Information Center reported in 2016, there were **5,712** reports of missing American Indian and Alaska Native women and girls, HOWEVER the US Department of Justice’s federal missing persons database, NamUs, only logged **116 cases**.

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Agenda Item 7: Open Discussion
Discussion Summary: <ul style="list-style-type: none">• Council took time to congratulate Tim on his retirement and thank him for his work serving our youth. Tim also talked about changing the term for the Youth Ambassador position to a school year rather than a calendar year to make it more accessible to students.

Meeting adjourned at 7:40 p.m.

OTHER INFORMATION

Resources or handouts provided: <ul style="list-style-type: none">• May 5th Agenda• March 3rd Minutes
Future Agenda Items: <ul style="list-style-type: none">• Update on 'Table of Hope' project
Next meeting date: June 2, 2021